



Are you planning a family?

Have you recently become parents?

When a baby joins their parents for the first time, a family is created. This exciting time is a great chance to learn about how children and families develop. However, despite increasing numbers of people using assistive technologies (ARTs) to have children, these families are not sufficiently represented in studies of family development.

We are a team of researchers based at the **Universities of Cambridge, Paris and Amsterdam**, who are interested in the journeys new families (who have used ARTS) take during the baby's first year of life, as part of the *New Parents Study*

In this study **lesbian, gay and heterosexual** couples based in the **UK, France or Holland**, who used donor insemination (DI), IVF or surrogacy to conceive their child will be taking part.

Information about taking part is contained within this leaflet, if you have further questions, contact us at infancy@hermes.cam.ac.uk or call on +44(0)1223 767 807.

Why take part?

Understanding the journeys different families take in the first year of infancy is important because this knowledge can allow us to better support new parents. For such support and policies to reflect reality, more research needs to include families assisted through ARTs.

We will reimburse you for any costs associated with being in the study, including the costs of your travel to Cambridge for the 12-month visit. We also always try to ensure that participating in the visits is enjoyable for the whole family.

Who will have access to the data?

If you take part in the study, all the information we collect by observing, interviewing or questioning you will be anonymous and identifiable only by code numbers we will assign you. Videos will be kept confidentially and securely and will be destroyed at the end of the study. So that we can get in touch with you if necessary, names and addresses are kept in a separate locked file. Your data will be made available to other qualified researchers only in anonymous form and only for the research purpose for which you have given permission.

What will happen when we see you?

4 month home visit

At 4 months your child will be becoming more engaged with you and the world, and you will have spent the last 4 months getting to know him or her. This is a perfect time for us to briefly visit your family. During the visit, we would video each parent playing with, feeding, and changing or bathing the baby. This process gives us great examples of day-to-day life for you. We will also do a short interview with each parent and give you some questionnaires to complete to find out about your experiences of becoming parents. We will visit you at a time of your choice and aim for these visits to take around 2 hours.

12 month visit to Cambridge

When your infant(s) is 12 months old, we'll invite you to visit us at the University of Cambridge. The visit will give us the opportunity to see how you and your child(ren) are getting on. During the visit there will be a brief play-based task and some short questionnaires. We expect these visits to last around one hour.

What will happen to the results of the study?

Results will be presented at scientific conferences and in scientific journals in terms of groups of individuals and there will be no means of identifying any individuals involved. All information we collect from you will be anonymous and identifiable only by code numbers we will assign you.

The study has received approval from the Psychology Research Ethics Committee of the University of Cambridge.

If you have any further questions or would like to take part in the study, please get in contact at infancy@hermes.cam.ac.uk or call us on +44(0)1223 767 807

Contact us



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[www.psychol.cam.ac.uk/adprg/
new-parents-study](http://www.psychol.cam.ac.uk/adprg/new-parents-study)