Improving mental health services through...

Stigma interventions need to be highly tailored to the age of the population...

**Education**
Replacing stereotypes with facts

**Contact**
Interacting with members of stigmatised groups

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<thead>
<tr>
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<th>Adolescents</th>
<th>Adults</th>
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<tbody>
<tr>
<td>Stigma reduction</td>
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20% 10% 10% 20%

Face-to-face contact has larger impact than contact by video.

**CLIENT PREFERENCES**

71% of patients reported preference for having an active role in treatment decisions.

Family inclusive suicide interventions for adolescents are more effective compared to usual treatment...

**FAMILY INTERVENTION**

- 10% lower dropout rates
- Improves family functioning
- Cost-effective

57% greater completion rates, 20% higher levels of satisfaction, 8% symptom reduction.