

Spotlight on Food month

Last month, the University launched its Sustainable Food policy. It aims to raise awareness of eating healthily and promote sustainable practices across the University.

Increase

- Use of locally sourced products and Fairtrade food
- Vegetarian & vegan options
- Use of animal products from certified higher welfare standards



Reduce

- Consumption of beef & lamb
- Food waste
- Use of palm oil
- Stop consumption of fish from the Marine Conservation Society's 'Fish to Avoid' list



Find the full policy online: http://www.unicen.cam.ac.uk/files/cambridge_sustainable_food_policy_2016_0.pdf

Food and Drink in the Department

The Department of Psychology supports the University's Sustainable Food policy and agrees to:

- Reduce the environmental impacts for catering whenever possible
- Only use approved caterers from the approved supplier list
- Buy Fairtrade tea, coffee and sugar for meetings and events
- Continue to provide reusable cups rather than disposable ones
- Set up facilities for the disposal of food waste in kitchen areas



Disposal of Food Waste



Later this year, you will notice an additional bin in kitchen areas which is specifically for food waste.

All waste will be regularly collected and taken to an Anaerobic Digestion plant, where it is broken down at high temperatures to produce biofuel.

Feedback on Paper Use

As part of Green Impact, the Department decided to stop providing paper copies of handouts and meeting papers, sharing them on Moodle or by email instead.

We can report that our paper usage has gone down from 25 boxes per month to 25 boxes **per term** – that's an amazing improvement - thank you so much for supporting this initiative.

Tell us your Energy Saving Ideas!

Tell us what we can do to make the Department greener - both inside and outside the buildings.

Email kjp37@cam.ac.uk or tweet [@kjp37psychol](https://twitter.com/kjp37psychol)

Charity work

Have you taken part in any fundraising or charity work this year? Whether you've run a marathon, baked a cake or volunteered, **we'd love to hear from you!**