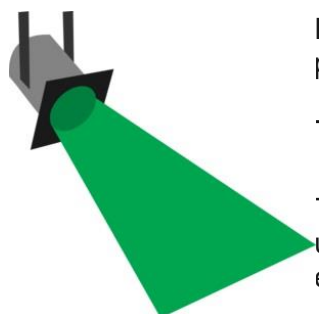


## Spotlight on Energy Month



In 2014-2015 the University consumed **243 million kWh** of energy - enough to power all of Cambridge's streetlights each night, for 92 years!

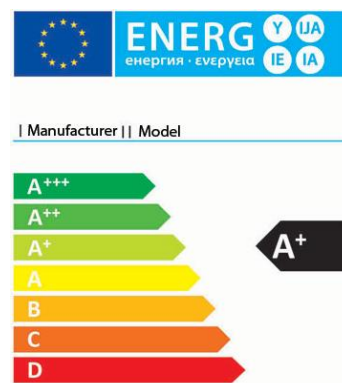
This equates to over **£16 million a year**, which is **£1,865 an hour**.

The biggest spend was on electricity - £12.8m –and while much of this energy is used in vital research, some of it is wasted through poor bad practices and out dated equipment.

You can help reduce the amount of electricity we use in the Department by:

- Switching off lights and your computer monitor when you leave the room
- Turning off your computer and printer at the end of the day
- Making sure you don't leave laptop or mobile phone chargers plugged in to the socket when not in use
- Avoiding using electric heaters

You can also make more informed decisions when buying new electrical equipment. Remember to check the EU energy efficiency labels and pick a green-rated product if possible. For more information on purchasing, visit [www.environment.admin.cam.ac.uk/what-are-we-doing/sustainable-procurement](http://www.environment.admin.cam.ac.uk/what-are-we-doing/sustainable-procurement)



## NEW Teleconferencing Facilities in the Nick Mackintosh Seminar Room



If you or your collaborators travel for work, could you consider reducing your carbon footprint by meeting virtually?

The Nick Mackintosh Seminar Room in the main Psychology building is equipped with a computer with Skype, a microphone, speakers and a projector to enable you to make or receive calls from anyone with an internet connection!

- To book the Nick Mackintosh Seminar Room for your teleconference, email [reception@psychol.cam.ac.uk](mailto:reception@psychol.cam.ac.uk).
- For computing support, email [computingrequests@psychol.cam.ac.uk](mailto:computingrequests@psychol.cam.ac.uk).

## CyclePoint at the Cambridge Rail Station

CyclePoint opens its doors for the first time on February 15 2016, providing safe and secure parking in the largest facility of its type at a UK rail station.

- ➔ Parking space for 2850 cycles across 3 floors
- ➔ Open round the clock, 7 days a week
- ➔ Monitored by a CCTV system
- ➔ Free to use!

abellio  greateranglia



Join us or share your ideas: Email [kjp37@cam.ac.uk](mailto:kjp37@cam.ac.uk) / Twitter [@kjp37psychol](https://twitter.com/kjp37psychol)