



Psych Bulletin (July 2023)

<https://sway.office.com/WqdgVKUy34Od3qCl>

July 2023 Newsletter (Published on 28/07/23)

Department of Psychology

Don't worry if you have missed a bulletin, previous editions are stored in the intranet¹.

¹<https://www.psychol.cam.ac.uk/staffinfo/weeklybulletin>

Message from the Head of Department



Congratulations on yet another successful academic year. Despite a few challenges that came our way, the camaraderie and support within the Department made overcoming them a breeze. Thank you for your contributions to this success.

A special thanks goes to our outstanding Teaching Team for their exceptional management of examinations during the MAB. Their efficiency ensured that the Department responded to the challenges swiftly, maintained its rigorous assessment standards, and is well-prepared to resume the marking process seamlessly once the boycott is lifted.

I'd also like to take a moment to recognize Kate, our fearless Deputy Head for Teaching, who is now passing the baton to Lee. Kate's dedication during a turbulent period when the PBS Tripos was in its infancy has been truly commendable. Her tireless efforts have transformed PBS into one of the University's most successful Triposes and a top-ranking psychology course globally. We owe Kate a great deal of gratitude for this outstanding achievement.

Recently, we engaged in important meetings to discuss the future of our Department and had the privilege of meeting the new Vice-Chancellor, Debbie Prentice. These sessions were highly informative and left me feeling optimistic about the future of our Department and the University.

This will be my final message for the Bulletin as Co-Acting Head. The past several months have been filled with hard work, not all of which was fun or easy. However, the support of Jeff, Jo, Mandy, and all of you has made it more gratifying and rewarding. It's been a privilege to work closely with many of you and I'm grateful for the opportunity.

Once again, congratulations on the successful academic year. I hope you enjoy a well-deserved summer break.

Warm regards

Jason

News



Staff/HR

Welcome to the new members



Nick Gale started work as a Research Associate with Richard Bethlehem on 10th July.



Sara will be joining the Department as the permanent Receptionist on 31st July.

[Job opportunities](#)

EEG-based BCI Research Assistant/Associate² - Closing 4th August 2023

Applications are invited for a full-time Research Associate or Research Assistant to create and test a Brain-Computer Interface to enhance language processing in children with dyslexia and DLD. The successful candidate will be based in the Department of Psychology (Centre for Neuroscience in Education) and will be joining a team headed by Professor Usha Goswami

Research Associate AI & Neuroinformatics x 2 (Fixed Term)³ - Closing 28th July 2023

Two Research Associate (post-doc) positions in AI and Neuroinformatics are available to work with Professor Zoe Kourtzi at the Adaptive Brain Lab (<https://www.abg.psychol.cam.ac.uk>⁴).

The positions will focus on developing and translating AI-guided tools for a) understanding brain processes underlying cognition (e.g. learning and brain plasticity), b) early detection of brain and mental health disorders to inform clinical practice (healthcare, clinical trials).

The research will involve working on research cohort and clinical data, developing and applying machine learning models to synthesise biological (brain imaging, genetic) and cognitive, epidemiological data, validating AI-guided tools in clinical data, translating these tools for adoption in healthcare and industry settings.

²<https://www.jobs.cam.ac.uk/job/42087/>

³<https://www.jobs.cam.ac.uk/job/42098/>

⁴<https://www.abg.psychol.cam.ac.uk/>

Research Associate in Cognitive Computational Neuroscience (Fixed Term) ⁵ - Closing 24th August 2023

A post-doctoral Research Associate position in Cognitive Computational Neuroscience is available to work with Professor Zoe Kourtzi at the Adaptive Brain Lab, Univ of Cambridge, UK (<http://www.abg.psychol.cam.ac.uk>⁶).

The position will focus on cognitive computational neuroimaging studies of learning and brain plasticity. Our studies combine ultra-high-field brain imaging (7T fMRI, MR Spectroscopy), electrophysiology (EEG), interventional (TMS, tDCS) and neurocomputational (machine learning, reinforcement learning) approaches to understand the network dynamics that support learning and brain plasticity.

CHANGE CWG (Communication Working Group)



⁵<https://www.jobs.cam.ac.uk/job/42139/>

⁶<http://www.abg.psychol.cam.ac.uk/>

Volunteers

Are you a social media expert? Are you good at using Twitter to promote your research? We are now looking for you. The department is seeking a new researcher to volunteer for the promotion of our Twitter account. Many thanks to the previous lead, Livia Tomova, for all the hard work done!

Contact webmaster@psychol.cam.ac.uk⁷ for more information if interested!

Events



Open Mic night - Hosted by Tristan Bekinschtein 🎤

Come Sing, Play, Dance, Read, Shine or just come to watch & support.

Location: Fitzpatrick Hall at Queens College, Silver Street, Cambridge, England, CB3 9ET

Date: Wednesday 13th September 2023

Times: 7pm until 10pm

Alcoholic and non-alcoholic drinks are included on the night.

Sign up here: <https://www.eventbrite.co.uk/e/634683915677>

⁷<mailto:webmaster@psychol.cam.ac.uk>

***** Please email hodsecretary@psychol.cam.ac.uk if you have an act or would like to join in*****



Past events

Past event pictures



To see pictures taken at past events, see here: Department of Psychology⁸

⁸https://photos.google.com/share/AF1QipNd6H6q3T4GfuCgBoLAp4qD3b9TP9sYt_Hc23NXpwm9ss7EqRZIPKcn_dUwLPQhYw?key=aIB4dlF1SjUyN1ZkbTZyUmJJOVQxZ2ktSkxiVW9B

Wellbeing/E&D



Calm Space

Are you feeling stressed, anxious and worried, or low in mood and energy....?

The University Staff Counselling Centre invites you to join Calm Space, an online support session which will use relaxation, mindfulness practice and other restorative techniques to help you manage the stresses and strains of daily life.

No need to sign up, you can just drop in by clicking on the Calm Space link from 17th May, see more [here](#)⁹.

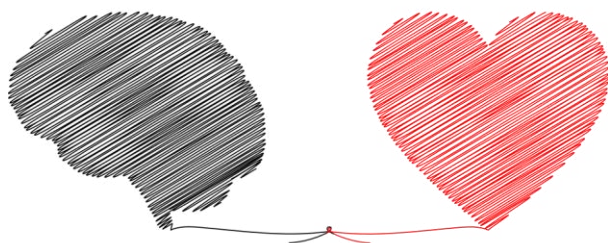
Each session is:

- 30 minutes on Teams
- Every Wednesday at 1pm (Until Wednesday 19th July)
- Delivered by qualified counsellors
- Open to all University and College staff

If you have any questions, please email Sarah.Hughes@admin.cam.ac.uk¹⁰

⁹<https://staff.counselling.cam.ac.uk/events/calm-space>

¹⁰<mailto:Sarah.Hughes@admin.cam.ac.uk>



Want to listen to some interesting podcasts?

Challenge yourself to find an hour to fit in a walk and have a listen:

- Life Changing¹¹ (always inspirational, two great episodes recently about overcoming challenges Overheard¹² and Speechless¹³)
- All in the Mind¹⁴ (delves into the latest evidence on mental health, psychology and neuroscience)
- How to quieten you inner critic¹⁵ (another great Squiggly Careers episode)
- Dealing with your inner critic¹⁶ (Conversations with Annalisa Barbieri - listen to this wise, insightful agony aunt in conversation with a range of specialists she has consulted with over the years.)
- Listen to the latest episodes of Life Changing¹⁷ on BBC Sounds

Dignity @ Work

Dignity @ Work Contacts

Dignity@Work Contacts are volunteer employees, drawn from a variety of backgrounds and roles throughout the University, who have received training to act as a first point of contact for employees, and sometimes students, who are being bullied or harassed, or have been accused of bullying or harassment.

For more information on Dignity@Work Contacts and the service they offer, please contact:

Confidential telephone number: (7)65031

Confidential email address: dignitycontacts@admin.cam.ac.uk¹⁸

¹¹<https://www.bbc.co.uk/sounds/brand/m000v5ng>

¹²<https://www.bbc.co.uk/sounds/play/m001ljcf>

¹³<https://www.bbc.co.uk/sounds/play/m001lrcq>

¹⁴<https://www.bbc.co.uk/sounds/brand/b006gxx9>

¹⁵<https://www.amazingif.com/listen/how-to-quieten-your-inner-critic/>

¹⁶<https://podcasts.apple.com/gb/podcast/dealing-with-your-inner-critic-with-psychotherapist/id1567190358?i=1000583103779>

¹⁷<https://www.bbc.co.uk/sounds/brand/m000v5ng>

¹⁸<mailto:dignitycontacts@admin.cam.ac.uk>



A moment of calm



Take a minute out of your day to appreciate some of the Guardian's 'The week in wildlife'¹⁹ to appreciate the nature around us, and not think about work!

Food bank donations

Food banks are having to buy groceries at high prices because donations fail to meet demand from families in need.

The Trussell Trust has said that 13% of food in emergency parcels was bought, whereas before the pandemic it was all donated. Donations do not always match their most-needed items meaning charities have to buy more to cover shortages.

There is a food bank donation box for the department by the front door in the reception area of the main psychology building. Please donate if you can!

According to The Trussell Trust²⁰ website, the items most in need at Cambridge foodbanks are:

- TINNED TOMATOES
- UHT MILK
- TINNED RICE PUDDING

¹⁹<https://www.theguardian.com/environment/series/weekinwildlife>

²⁰<https://www.trusselltrust.org/>

- BREAKFAST CEREALS
- TINNED MEALS EG. CHICKEN IN SAUCE, CHILLI CON CARNE
- JAM
- NOODLES
- TINNED VEGETABLES
- PASTA SAUCE
- LONG-LIFE PUDDINGS
- LONG-LIFE FRUIT JUICE
- INSTANT COFFEE (SMALL JARS)
- COOKING OIL
- BAGS FOR LIFE

If you would like to keep up to date as to what is needed most across food banks in the UK, Donation Genie²¹ is a website that has been created to provide this information.



What do you value in life?



²¹<https://www.donation-genie.co.uk/>

“Values are the beliefs that are important to us about the way we interact with each other, how we work together effectively towards common goals and the behaviours that we demonstrate and expect to see from our colleagues.” (Emma Rampton, Registry)

The University are offering this ‘taster’ session (aimed at Professional Services staff) to provide you with an introduction to thinking about your values. Following the introduction of the Professional Services Values of trust, respect, integrity and collaboration, we are offering this opportunity for you to consider how you can align these with your own personal values, and what this might mean in terms of how you live your life and go about your work.

Main goals:

- To reflect on your personal values and what is important to you.
- To consider how you can achieve greater satisfaction of these values in your work and personal life.

If you are interested or would like to find out more, click here²².

IT



Update

There have been some network issues that started on Friday, 14th July. The issues highlighted some weak points in the design of the network. Some of the switches are only 100MBps and when the ports are used as uplinks between the switches the connection can get very congested which slows everything down.

The PoP switch connection is 10GBps. As a comparison it is like heavy traffic coming off a 3-lane motorway onto a single lane road. Many of us will have experienced something like this. It is a good

²²<https://www.training.cam.ac.uk/event/4490356>

comparison with what happens with network traffic when the switch bandwidth is limited to 100Mbps and is connected to a 10GB switch.

UIS are going to supply us with some equipment to try and overcome our network limitations. We will then modify the network and hopefully improve the performance and resilience.

We have also been helping some users move over to the new Blue Active Directory so they can share files, etc.

Booker



If you would like assistance regarding the online booking system, Booker, please contact reception@psychol.cam.ac.uk²³ - You can request/enquire about bookings this way.

Alternatively, you can have a personal Booker account made. This way, you can see where and when rooms are booked without having to email and wait for a reply about an enquiry. You can also make specific booking requests yourself, which just need to be approved. This method is a lot quicker and easier for those who need to make regular bookings or need to see what rooms are in use in short notice.

²³<mailto:reception@psychol.cam.ac.uk>

Research/Papers



Mahmoud Keshavarzi has published a paper in the Developmental Science Journal. You can read the paper at <http://doi.org/10.1111/desc.13428>²⁴

Research Grants



²⁴<https://eur03.safelinks.protection.outlook.com/?url=http%3A%2F%2Fdoi.org%2F10.1111%2Fdesc.13428&data=05|01|pw323%40cam.ac.uk|2066aaa3b3494507185208db795461c8|49a50445bdfa4b79ade3547b4f3986e9|1|0|638237175549729942|Unknown|TWfPbGZsb3d8eyJWljoimC4wLjAwMDAiLCJQljoiv2luMzliLCJBTil6lk1haWwiLCJXVCI6Mn0%3D|3000||&sdata=CeUnGs%2FwwwX8NOVep7hWANI9TwVzYR2a5nIHfktXeHc%3D&reserved=0>

UKRI publishes annual report!



1 - *Click here to read the UKRI annual report!*²⁵

UK Research and Innovation (UKRI) provides significant funds to our researchers every year and they have published their annual report and accounts for the financial year 2022 to 2023.

The report, which has been laid before parliament, includes a performance report providing a summary of UKRI's performance and finances.

It outlines what has been delivered against the six strategic objectives in the strategy, including:

- **people and careers:** transforming the way we invest in talent, through the creation of a £2 billion collective talent budget
- **places:** co-developing pilot Innovation Accelerators with the Department for Science, Innovation and Technology and city region partnerships, to accelerate the growth of high-potential innovation clusters
- **ideas:** investing in 6,216 new research and innovation projects across the UK, allowing talented people and teams to pursue their ideas
- **innovation:** supporting researchers and innovators to leverage the investment they need to commercialise, grow their businesses faster, and access networks and infrastructure to enable effective, cutting-edge innovation across the UK
- **impacts:** launching the £250 million technology missions fund to secure the UK's world-leading position in technologies of tomorrow including, artificial intelligence, quantum technologies, and engineering biology
- **world-class organisation:** improving the way we work through our organisational change programmes, including early trials of our new funding service, creating a better user experience for applicants for research and innovation funding

International Research Culture Conference 2023 - **Monday 25th September 2023, 09.30 - 17.00 The University of Warwick and Online.**

What is this?

²⁵<https://www.ukri.org/wp-content/uploads/2023/07/UKRI-130723-FinalUKRIAnnualReport2022-23.pdf>

The International Research Culture Conference (IRCC) will foster meaningful conversations and invites all those working in research to build an inclusive community of practice around improving research culture.

Improving research culture is a key priority for government and universities alike. It's imperative to share best practice on how to create inclusive research environments, which promotes creative, thriving teams of academics.

Beyond this, national and international methods of research assessment are changing to be more responsible (early decisions on Research Excellence Framework 2028 have revealed that '*People and Culture*' will be assigned a 25% weighting) and there is great interest in discussing what shape these might take and how institutions can keep up with these changes.

Who is this for?

The event is aimed at researchers (at all career stages) and research enablers in higher education institutions across the UK and internationally. It's also aimed at funding bodies, partner organisations (including industry, charities and the NHS) and current or prospective University of Warwick academics.

It will offer an unrivalled opportunity to discuss how to improve synergies between fragmented initiatives and how to curate robust and reproducible research culture knowledge for the benefit of all.

Check out more details by clicking here or on the picture²⁶



²⁶<https://warwick.ac.uk/research/ncrc/ircc/>

2 - [Click here for more information](#)²⁷

The **G.R.A.N.T** bulletin

Check out the **Glorious Research Administration News Telegram**²⁸ bulletin for all the latest funding opportunities, available training, and guidance tips on how to tackle the research grants journey from start to finish.

Yes, yet again something to land in your mailbox!

Do not worry, the idea behind the GRANT bulletin is that you open it when it suits you and what's more - it is not from us for you, but rather OURS! We are considering expanding on what you can find here and therefore it will be really helpful to get your feedback²⁹.

The next issue will be coming out in August, so keep an eye out 😊

You can also find this via our Psychology Intranet page³⁰, along with lots of helpful resources!



3 - [Click here to go to the latest bulletin](#)³¹

²⁷<https://warwick.ac.uk/research/ncrc/ircc/>

²⁸<https://sway.office.com/CvHkm0XSEUml7pKo>

²⁹<https://forms.office.com/Pages/ResponsePage.aspx?id=RQSiSfq9eUut41R7TzmG6X-2dBOCTLFHgPMrPd11N5BUN1pZRkZMWkNQn1ZMMktQUTRZU1M2RENHRCQIQCN0PWcu>

³⁰<https://www.psychol.cam.ac.uk/staffinfo/research-grant-intranet>

³¹<https://sway.office.com/CvHkm0XSEUml7pKo>

Are you considering to apply for a grant? **Tell us!** ⌚



The Research Office **REQUIRE** 4 FULL weeks notice of any new Grant application.

They also **REQUIRE** the FULL application 5 days before the funder deadline.

To let us know you would like to apply, you **MUST** fill in the 'INTENTION TO APPLY³²' form or scan our QR code

You can also contact us at **grants@psychol.cam.ac.uk**³³

Would you rather chat in person? **Come and meet us!** We are located in the Psychology **main building, first floor, room 110**

Thank you,

Petra, Tijana, and Katie 🧑🧑🧑



Some Words of Wisdom

Each month we try and get some words of wisdom from some of our lovely staff members within the department about their experience when applying, managing, or working on a research grant. If you would like to share your success story or experience, email us at grants@psychol.cam.ac.uk to be featured in the next issue.

³²<https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fforms.office.com%2FPages%2FResponsePage.aspx%3Fid%3DRQSI5fq9eUut41R7TzmG6X-2dB0CTLFHgPMrPd11N5BUNUVYTDNONkDJSVNJTkiTRjhDMkUyNUExUCQIQCN0PWcu%26wdLOR%3Dc070EAA58-3765-4696-BB97-EADB16FB2628&data=05|01|ph344%40cam.ac.uk|06bafda2154f41a56fb408dace01f3a0|49a50445bdfa4b79ade3547b4f3986e9|1|0|638048805015131408|Unknown|TWfpgZsb3d8eyJWljoimc4wLjAwMDAiLCJljoiv2luMzliLCJBTil6lk1haWwiLCJXVCI6Mn0%3D|3000||&sdata=56LlyTPiSQv25k%2FojPw1S0QjukB1TycvH7bDKnVc2FM%3D&reserved=0>

³³<mailto:grants@psychol.cam.ac.uk>



4 - Episode 2: How is research helping the fight for equality?³⁴

Are you looking for your next engaging and informative podcast?

Brought to you by Wellcome, an independent global foundation supporting science to solve the urgent health challenges facing everyone, When Science Finds a Way³⁵ releases weekly episodes covering the latest research breakthroughs across a variety of topics.

Join botanist-turned-Hollywood actor Alisha Wainwright as she meets the trailblazing scientists and researchers changing the world, alongside the people who have inspired and contributed to their work.

From community-led climate change solutions to cutting-edge technology that's redefining disease, and fresh approaches to treating mental health disorders, When Science Finds a Way will introduce you to a world of creative solutions from people at the heart of the greatest health challenges of our time.

Professor Susan Golombok, from the Centre for Family Research here at the University of Cambridge, joins Alisha to discuss how her research into different family structures has changed laws and perceptions on same-sex parenting. It is an excellent listen, from discussing Susan's research's impact on policy-making surrounding our ideas of what makes a family a family, to the social impact her work has had on the LGBTQ+ community.

Listen to this wonderful discussion in Episode 2: How is research helping the fight for equality?³⁶ or click the picture.

³⁴<https://wellcome.org/news-and-reports/podcast/episode-2>

³⁵<https://wellcome.org/news-and-reports/podcast>

³⁶<https://wellcome.org/news-and-reports/podcast/episode-2>

*The amazing **Professor Susan Golombok**, from the Center of Family Research, has spoken to us about her career and given us a glimpse into her research success. You can learn more about the details of Susan's work by listening to Wellcome's 'When Science Finds a Way' podcast (found above) or by reading her book 'We are Family'.*

Susan is also curating an exhibition from Friday 6th of October to Sunday 7th of January at the Fitzwilliam Museum, exploring the intricacies of families and family relationships through the eyes of artists.

*"Over the past 50 years, Western ideas of what makes a family and how family life is experienced, have been transformed by advances in science and by changes in social attitudes and law. Developed in collaboration with the world-leading *Centre for Family Research*³⁷ at the University of Cambridge, the exhibition shows how the joys, tensions and transitions in families have little to do with conforming to traditional structures. Instead, acceptance, rejection, conflict, and comfort arise from relationships within family groups of all kinds, and through connections with the outside world.*

Painting, photography, video, sculpture and installations by artists including Paula Rego, Chantal Joffe, JJ Levine, Lucian Freud and Tracey Emin tell moving and enduring stories of intimacy, alienation and everything in between."

*Tickets for general entry will be available this Friday 28th of July by going to The Fitzwilliam Museum *Real Families: Stories of Change* exhibition page³⁸.*

There is a special event for Psychology staff, where Susan will provide a guided tour of her exhibition.

Thursday 9th November

6pm drinks

6.30pm short introduction by Susan

6.45-7.45 people can wander through the exhibition.

8pm museum closes

If you would like to sign up, please book a free of charge ticket here³⁹!

³⁷<https://www.cfr.cam.ac.uk/>

³⁸<https://fitzmuseum.cam.ac.uk/visit-us/exhibitions/real-families-stories-of-change>

³⁹<https://www.eventbrite.com/e/susan-golombok-exhibition-fitzwilliam-museum-tickets-648015159787?aff=oddtcreator>



<https://sway.office.com/iyNCsbTaOaH0XyL#content=GJPoCXObwusSHk>

Please flip through for the video transcript

Introducing Professor Susan Golombok.

I'm Susan Golombok. I'm the former director of the Centre for Family Research and most of my research focuses on new family forms, and together with my team we've been studying children with LGBTQ+ parents and also, children born through different kinds of assisted reproductive technologies such as IVF, sperm donation, egg donation, and surrogacy.

What has been your experience with research grants & how has this changed over your career?

So at the beginning of my career, I was very lucky. So at the university I was at then, they brought in a scheme to encourage young academics to apply for research funding and they allowed us to keep the overheads, which was a wonderful thing because it gave me that bit of extra money to start new studies or just to do things that I might not otherwise have been able to do. And although it didn't involve a huge amount of money, it was a pot of money that made all the difference and it helped do pilot work for future studies. It helped fund extra people to come in and help and so on. So I think these kinds of initiatives in the current financial climate really are not very common anymore, but I do think that some kinds of schemes that help young people get started and onto the funding ladder can be very beneficial.

And then I've just been lucky. I think that the Wellcome Trust has been such a supporter of my research. So, although I have had funding from the ESRC, MRC and other funding bodies, really throughout my career it's the Wellcome Trust being really my major supporter since the 1980s up until the present day and they are, I think a very forward-looking and creative organisation. So when I first started studying new family forms, my early studies were of families with lesbian mothers that at the time, you know, we're seen as really being beyond the pale. The Wellcome Trust understood why this was interesting, both for social reasons, in terms of understanding these new family forms, but also why this work, was theoretically interesting as well and so once they started funding me, it was

then easier to get further funding. I think also, with the Wellcome they kind of, but they're huge now, but in the 1980s when they were smaller, they tended to see their grant holders as sort of part of the Wellcome family and they were very supportive. So I think I, was just very lucky at the beginning of my career.

And then of course, as one grows older, and builds up more experience, and then you know, people associate certain areas of research with you or whoever you, your team, then it does become easier because you have a track record. But it's harder at the beginning when you don't have a track record.

Would you recommend Early Career Development Awards & Fellowships?

Yes, we've had several people at the Centre for Family Research funded in this way. And this is a fantastic way of supporting young researchers because they're part of a wider team that they can develop with and learn from, but they also have their own funding to pursue their own ideas. So yes, I think these schemes are excellent and it would be nice to have more of them.

Have you ever felt overwhelmed by working in research?

So I haven't felt overwhelmed by my research. I've always loved and been very excited by the work that I, my team have been doing. I've been more overwhelmed in terms of just everything else that has to be done at the same time, you know, the teaching, the administration and all kinds of other things that here is an academic, I'd say, particularly at Cambridge where people do work extremely hard, that just the sheer amount of work at times has been quite difficult. So no, not overwhelmed by the research itself, but just overwhelmed by how much I have to fit into a day.

Are there any aspects of your career you feel most proud of?

Yes. Well, firstly, I'd say before I answer, the most proud of, I'd say the thing that I've most enjoyed is working with an amazing team of people. You know, I've been incredibly lucky and the people who work with me have been so committed, and involved, they brought so much to the research and it's just been lovely. I see them as my friends and we've kept in touch over the years, people who've moved on because of their careers. So in a way, that's been the most enjoyable part of the whole enterprise.

In terms of what I'm most proud of, firstly, it's not just me, it's the whole team of us who've been doing this work. But I think collectively we feel most proud when our work actually has a real impact on people's lives. Perhaps, often we're called on to talk to policymakers and legislators because new laws are being made about new families and when they actually take account of our research in developing these policies and developing new legislation, then it feels we're not just stuck in some ivory tower and writing papers for our closest colleagues, but actually it is having an impact out in the world. So I think, collectively as a team, that's the thing that really makes us happiest.

Is there a particular study you are proud of?

The one that's at the top of my mind at the moment, because we've just finished it, is a longitudinal study of children born through egg donation, sperm donation and surrogacy, where we followed up the children from infancy right up to adult life. So we first visited the families when the children were one year old. And we went back to see them when they were 2 when they were 3, 7, 10, 14 and now for the last time at age 20. So that's 20 years of work for me and other people, many other people in following up on these families. And so that felt like a major achievement to get to the end and to have a high proportion of families still taking part in the study and committed to it. And the nice

thing is that in spite of the concerns that people had about these children, in fact, they're doing incredibly well. You know, they have very positive family relationships. So it's kind of a nice good news story as well.

Do you have any advice for those wanting to follow in your footsteps?

Yes, I would say, although it's difficult, try not to feel set back by rejections because being rejected if you submit a paper, if you apply for a grant, is part and parcel of academic life. And I think certainly at the beginning of one's career there is a tendency to feel, you know, so upset by having put in so much work and then people not appreciating it and not giving you the grant or not publishing your paper that it's quite easy to give up.

And I would say, you know, everybody has this experience. It sounds from the conversation I've told you the positive things about the grants that I have been successful in achieving, but there were lots that I didn't get as well. It was very up and down and I think what I would say to younger researchers or even not-so-young researchers: Just try again. It's a bit like that old saying if at first you don't succeed, try, try, try again. But I think that's a really useful thing to keep in one's mind as a researcher applying for research grants because it's terribly competitive. And some of it is just really random in terms of who happened to be sitting on the committee that day, what their interests are, whether they're in a good mood or a bad mood.

I mean, all of these things. Obviously, better quality research is more likely to be funded, but there are a lot of good quality applications out there, and some of it, whether you are successful or not, is purely random. And obviously, it's hard because so much work goes into grant applications. It's hard when you get a rejection. But I would say, you know, OK, spend a bit of time just sort of feeling all right about it again and then just send it off somewhere else.

Do take account of the reviewer's comments because you may not agree with some, but others might actually be very helpful and don't give up, just put it in somewhere else. And if they turn it down, put it in somewhere else. I mean, I've had grants that have been turned down by two funding organisations and the third has liked it, so that would be my advice.

What are you currently working on?

Yes, well, I'm having a very nice time at the moment because I'm curating an exhibition on the family at the Fitzwilliam Museum in Cambridge, which very much comes out of my research. The Wellcome Trust are very keen on public engagement and so this exhibition has really arisen from trying to interest the wider public in our research on family, so it's been a really new experience for me and I've just had a really great time doing something very different, looking at art all day, you know, deciding which artworks are going to go in this exhibition, what I'm going to say about them, working with a whole new team of people at the Fitzwilliam Museum. So I'm having a lot of fun!

I'm also just finishing off my most recent Wellcome grant, which ends at the end of this year, so just finishing off writing papers and giving talks on it. So I actually retired last year, but it's been a really busy time. I've been doing all the fun things, which has been nice.

So I hope that people from the department will come to see the exhibition. I'm organising a special event for the psychology department that will be once the museum is closed one evening and we haven't quite fixed up the date yet, but that will be arranged soon so that people can come and have a private tour and a glass of wine and I'll be around to speak a bit about it.

Thank you so much once again to Professor Susan Golombok, you can read more about the amazing work of the Centre for Family Research on their website⁴⁰



Library & Archives



Podcast episode with the Head of Medical Library Services

Over at the Clinical School, library colleague Isla Kuhn (Head of Medical Library Services) was recently interviewed on the Cambridge University Medical Education Group (CUMEG) podcast⁴¹

URL: <https://www.cumeg.cam.ac.uk/podcast/libraries/>.

University Library exhibition: Raymond Briggs: A Retrospective

Touring from the Quentin Blake Centre for Illustration, this exhibition highlights a selection of the illustrator Raymond Briggs' most significant works. It features rarely seen original illustrations from his studio which reveal his expert draughtsmanship, captivating storytelling and subversive humour.

This exhibition includes work from Briggs's pioneering titles, including *The Snowman*, *Father Christmas* (1973), *Fungus the Bogeyman* (1977) and autobiographical graphic novel *Ethel and Ernest* (1998). On show are his drawings, hand-lettered typography and page designs from his earliest commissions to his 2004 book *The Puddlemann*.

Co-curated by Nicolette Jones and Katie McCurrach.

More information and booking⁴²

⁴⁰<https://www.cfr.cam.ac.uk/>

⁴¹<https://www.cumeg.cam.ac.uk/podcast/libraries/>

⁴²<https://tickets.museums.cam.ac.uk/overview/6602>

New ebooks July

Handbook of the Social Psychology of Inequality⁴³

Dyslexia: A History⁴⁴

Obsessive-compulsive Disorder: Phenomenology, Pathophysiology, and Treatment⁴⁵

Neurotribes: the legacy of autism and how to think smarter about people who think differently⁴⁶

DisAppearing: Encounters in Disability Studies⁴⁷

Saving our own lives: a liberatory practice of harm reduction⁴⁸

Child and Adolescent Psychotherapy: Making the Conscious Unconscious⁴⁹

The Decision of Desire⁵⁰

Understanding and Enhancing Positive Regard in Psychotherapy: Carl Rogers and Beyond⁵¹

Teaching and Research Practice

The flourishing student: every tutor's guide to promoting mental health, well-being and resilience in higher education (Second edition)⁵²

Crafting collaborative research methodologies: leaps and bounds in interdisciplinary inquiry⁵³

⁴³https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51742998360003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L

⁴⁴https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51741119230003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L

⁴⁵https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51740684970003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L

⁴⁶https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51740497900003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L&isFrbr=true

⁴⁷https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51712303410003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L

⁴⁸https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51726506810003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L

⁴⁹https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51740065030003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L

⁵⁰https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51635797960003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L

⁵¹https://idiscover.lib.cam.ac.uk/primo-explore/fulldisplay?docid=44CAM_ALMA51711633670003606&vid=44CAM_PROD&search_scope=SCOP_CAM_ALL&tab=cam_lib_coll&lang=en_US&context=L

⁵²https://idiscover.lib.cam.ac.uk/permalink/f/1ii55o6/44CAM_ALMA51737085880003606

⁵³https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51737065110003606

Qualitative research: the essential guide to theory and practice⁵⁴

Collaborative futures in qualitative inquiry: research in a pandemic⁵⁵

General

ADHD is not an illness and Ritalin is not a cure: a comprehensive rebuttal of the (alleged) scientific consensus⁵⁶

Clinical handbook of anxiety disorders: from theory to practice⁵⁷

Handbook of youth suicide prevention: integrating research into practice⁵⁸

Good reasons for bad feelings: insights from the frontier of evolutionary psychiatry⁵⁹

More than a glitch: confronting race, gender, and ability bias in tech⁶⁰

The Routledge companion to intersectionalities⁶¹

Routledge handbook of non-violent extremism: groups, perspectives and new debates⁶²

The SAGE handbook of social media⁶³

Class, trauma, identity: psychosocial encounters⁶⁴

Psychoanalysis and performance⁶⁵

The good enough therapist: futility, failure, and forgiveness in treatment⁶⁶

Internet Archives

CLICK HERE⁶⁷ to have a look at the Psychology website across time!

⁵⁴https://idiscover.lib.cam.ac.uk/permalink/f/1ii55o6/44CAM_ALMA51737149290003606

⁵⁵https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51738133960003606

⁵⁶https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51737092030003606

⁵⁷https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51737152600003606

⁵⁸https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51738831520003606

⁵⁹https://idiscover.lib.cam.ac.uk/permalink/f/1ii55o6/44CAM_ALMA51735487260003606

⁶⁰[https://universityofcambridgecloud-my.sharepoint.com/personal/almw3_cam_ac_uk/Documents/Cambridge University Libraries/Psychology Library/Communication & marketing/Monthly bulletin/More Than a Glitch : Confronting Race, Gender, and Ability Bias in Tech](https://universityofcambridgecloud-my.sharepoint.com/personal/almw3_cam_ac_uk/Documents/Cambridge%20University%20Libraries/Psychology%20Library/Communication%20&%20marketing/Monthly%20bulletin/More%20Than%20a%20Glitch%20-%20Confronting%20Race,%20Gender,%20and%20Ability%20Bias%20in%20Tech)

⁶¹https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51735542180003606

⁶²https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51738134350003606

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⁶⁵https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51735475060003606

⁶⁶https://idiscover.lib.cam.ac.uk/permalink/f/t9gok8/44CAM_ALMA51736205060003606

⁶⁷<http://web.archive.org/web/20030210092504/http://www.psychol.cam.ac.uk:80/>



Previous archive articles

We hope you are enjoying our articles! All issues are available on the Psychology SharePoint to all Psychology members (quick access is available here⁶⁸).

There's no new article this month, but if you missed one of our earlier articles, access the link above for a list of amazing finds we shared with you in the past academic year. Feel free to find something you missed or to enjoy one of our pieces again.

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5 - Access our articles ⁶⁹

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⁶⁸https://universityofcambridgecloud.sharepoint.com/:f/s/EPSYCH_DepartmentofPsychology2/EiH1jSh3godFrpVp_YUlgmkBV7MfgeeY64t1ySzgtKI_-Q?e=YB0Ckc

⁶⁹https://universityofcambridgecloud.sharepoint.com/:f/s/EPSYCH_DepartmentofPsychology2/EiH1jSh3godFrpVp_YUlgmkBV7MfgeeY64t1ySzgtKI_-Q?e=YB0Ckc

⁷⁰<mailto:reception@psychol.cam.ac.uk>

Reception

Katie Barnes

Jo Simmonds

The Department of Psychology

Downing Street

Cambridge, CB2 3EB

01223 333550

reception@psychol.cam.ac.uk⁷¹

Visit our website⁷²

Visit us on Twitter⁷³

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UNIVERSITY OF
CAMBRIDGE
Department of Psychology

⁷¹<mailto:reception@psychol.cam.ac.uk>

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